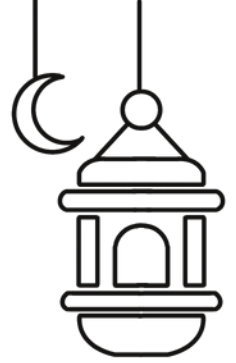


# Ramadan Journal



DATE: \_\_\_\_\_

DAY: \_\_\_\_\_

(M) (T) (W) (T) (F) (S) (S)

- Fasting
- Fajr
- Zuhr
- Asr
- Maghrib
- Isha
- Taraweeh
- Quran

Daily goal

.....

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Dua of the day

.....

.....

Water tracker

.....

.....

Alhamdulillah for...

.....

.....

.....

.....

Verse of the day

.....

.....

.....



# DAILY PLANNER

## PRAYER TRACKER

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

DATE \_\_\_\_\_

## TO DO LIST

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## VERSE OF THE DAY

\_\_\_\_\_

\_\_\_\_\_

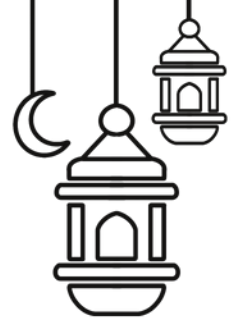
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## DUA OF THE DAY

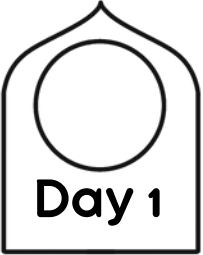
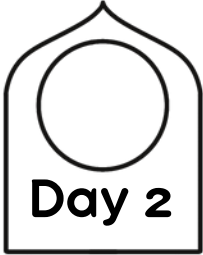
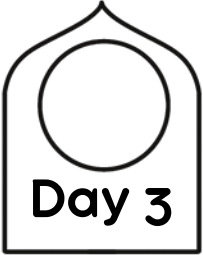
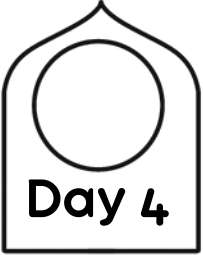
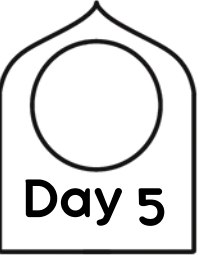
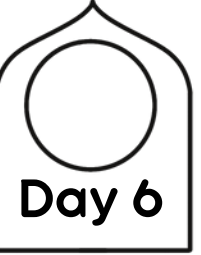
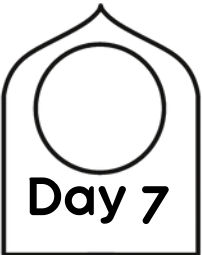
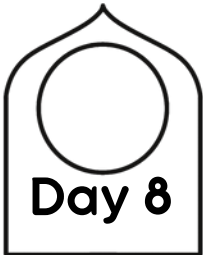
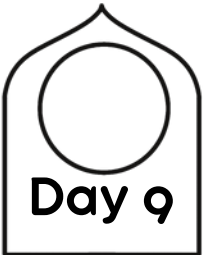
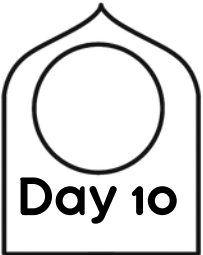
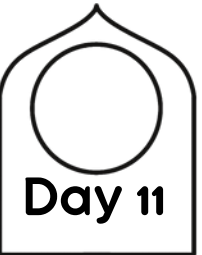
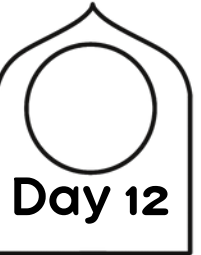
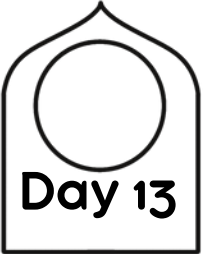
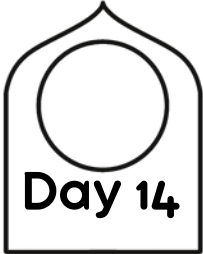
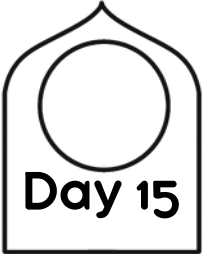
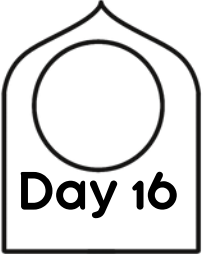
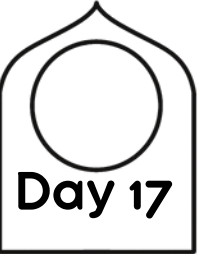
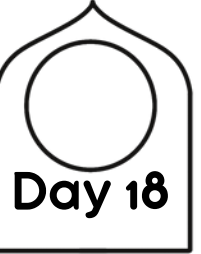
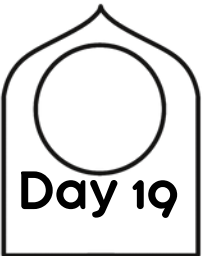
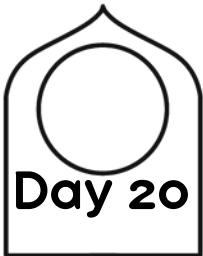
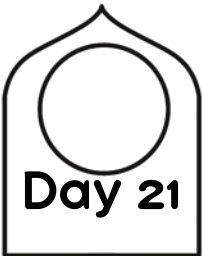

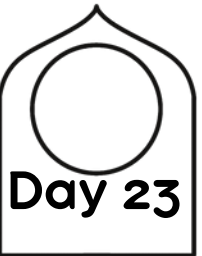
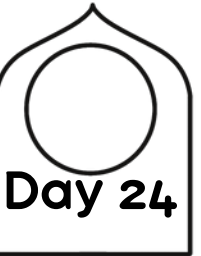
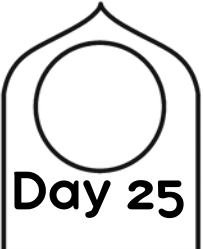
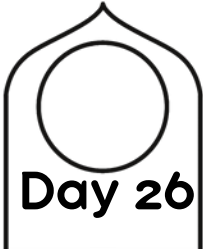
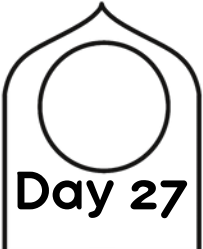
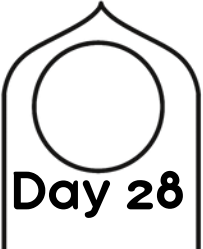
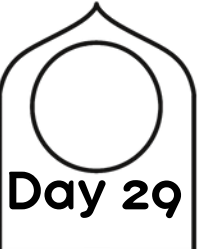
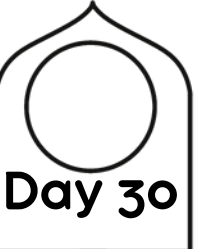
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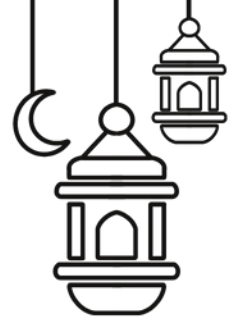


# 30 DAY FAST TRACKER

 Day 1	 Day 2	 Day 3	 Day 4	 Day 5	 Day 6
 Day 7	 Day 8	 Day 9	 Day 10	 Day 11	 Day 12
 Day 13	 Day 14	 Day 15	 Day 16	 Day 17	 Day 18
 Day 19	 Day 20	 Day 21	 Day 22	 Day 23	 Day 24
 Day 25	 Day 26	 Day 27	 Day 28	 Day 29	 Day 30

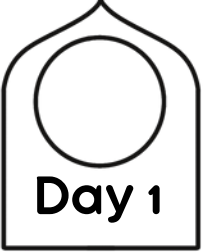
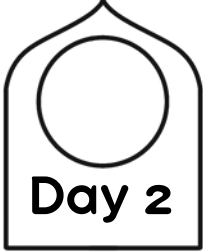
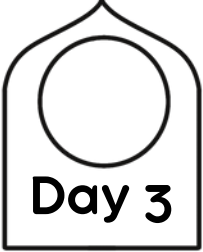
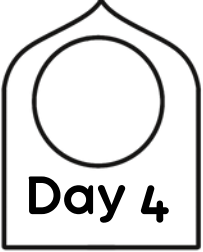
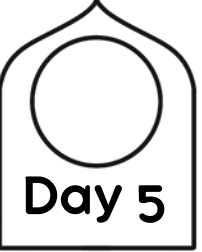
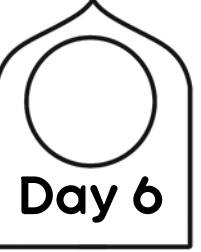
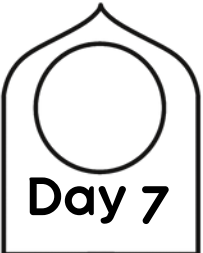
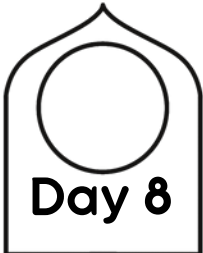
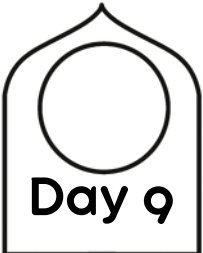
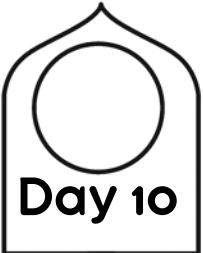
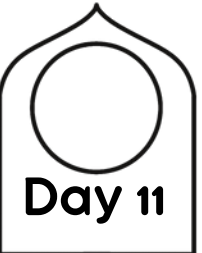
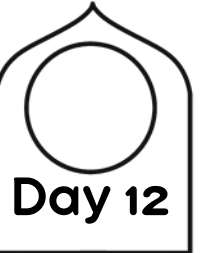
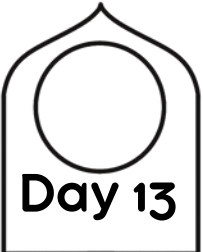
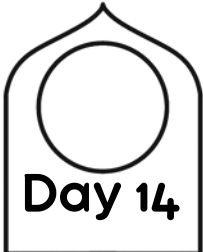
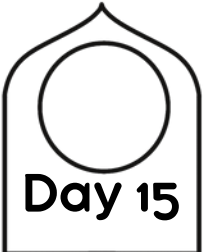
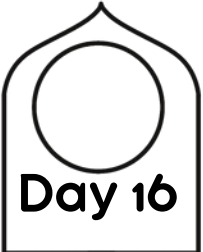
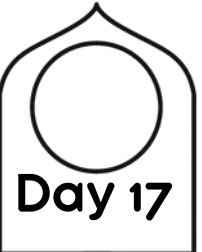
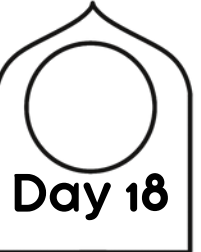
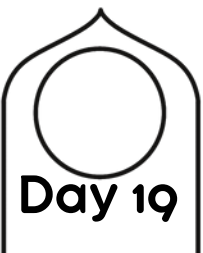
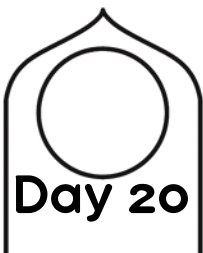
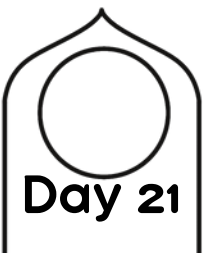
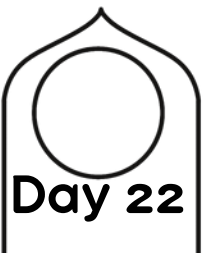
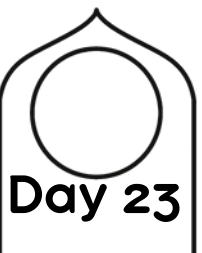


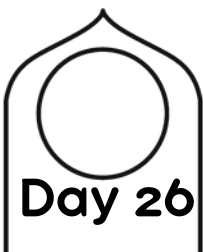

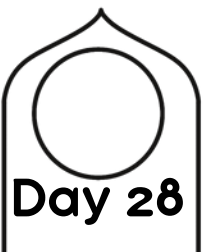

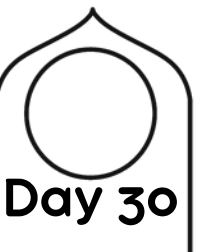
Ramadan is the month in which the Quran was revealed as a guide for humanity with clear proofs of guidance and the Criterion

(Surah Baqarah, Ayah 185)



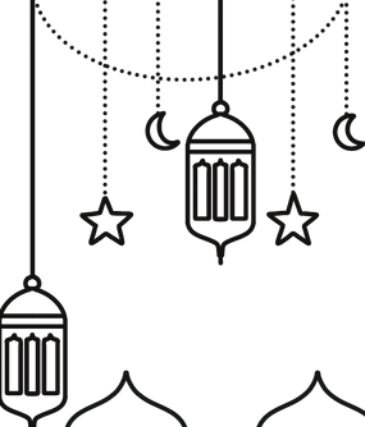
# 30 DAY

# TARAWEEH CHALLENGE

 Day 1	 Day 2	 Day 3	 Day 4	 Day 5	 Day 6
 Day 7	 Day 8	 Day 9	 Day 10	 Day 11	 Day 12
 Day 13	 Day 14	 Day 15	 Day 16	 Day 17	 Day 18
 Day 19	 Day 20	 Day 21	 Day 22	 Day 23	 Day 24
 Day 25	 Day 26	 Day 27	 Day 28	 Day 29	 Day 30

**"Establish prayer from the decline of the sun until the darkness of the night"**

**(Surah Isra, Ayah 78)**



# Ramadan Daily tracker

Day  
\_\_\_\_\_

FAJR	DUHA	ZUHR	ASR	MAGHRIB	ISHA	TARAWIH	WITR
------	------	------	-----	---------	------	---------	------

**QURAN TRACKER**

SURAH \_\_\_\_\_

VERSE \_\_\_\_\_

**GOODNESS TRACKER**

- ★ MORNING DHIKR
- ★ GIVE CHARITY
- ★ ACT OF KINDNESS
- ★ EVENING DHIKR
- ★ RECITE QURAN
- ★ \_\_\_\_\_
- ★ \_\_\_\_\_
- ★ \_\_\_\_\_
- ★ \_\_\_\_\_

**MEAL TRACKER**

SUHOOR: \_\_\_\_\_

IFTAR : \_\_\_\_\_

**NOTES :**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



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